

May 6, 2024

Good Afternoon,

Thank you to our Regional Epidemiologist, Blake Johnson, for creating the attached update for us! In the attached update, you will see that May is Hepatitis Awareness Month. Hepatitis affects millions of US citizens with a myriad of symptoms and health consequences. Hepatitis is spread person to person, often through sexual contact or sharing needles. It can also be spread by ingesting contaminated food or drink. Other awareness topics in May include Mental Health, Stroke, and Food Allergy. Lastly, we want to make everyone aware that Measles is spreading in the United States. While it has not yet reached Kentucky, it is only a matter of time if it goes unmitigated. Over 80% of those who are testing positive for measles are unvaccinated.

As always, contact me if you have any questions.

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MARSHALL COUNTY HEALTH DEPARTMENT

➤➤➤ **MAY 2024
UPDATE**



MAY

**HEPATITIS
AWARENESS MONTH**

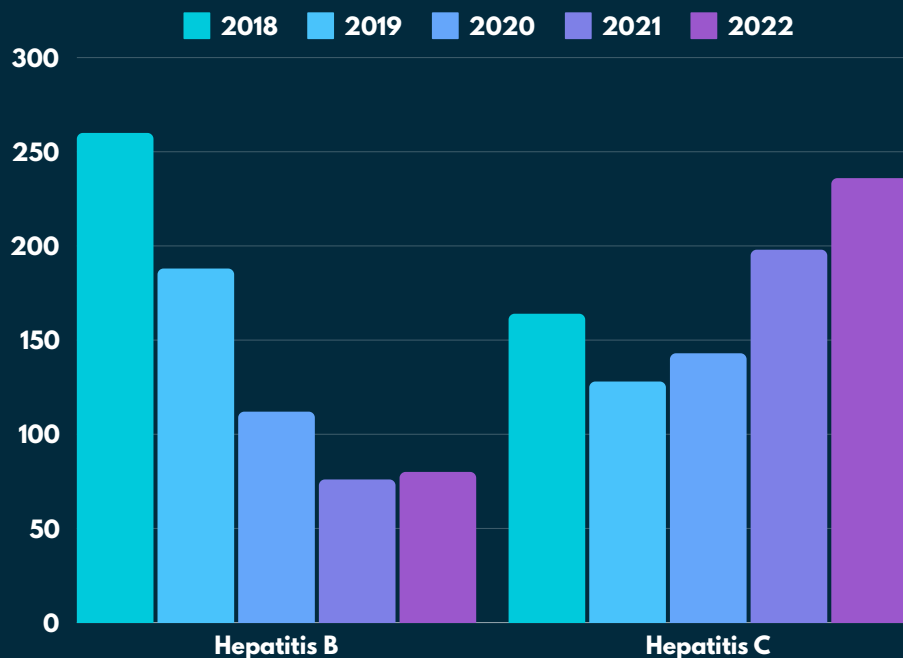
➤➤➤ Viral Hepatitis is inflammation of the liver that can cause damage and reduce the function. Hepatitis can occur from toxins, some medications, and heavy alcohol use. But is most often caused by a virus. The most common types of viral Hepatitis: Hepatitis A, Hepatitis B, and Hepatitis C.

Symptoms of Hepatitis

- Fever
- Fatigue
- Loss of appetite
- Nausea/Vomiting
- Abdominal pain
- Jaundice
- Dark color Urine
- Clay colored stool

➤➤➤ An estimated 2.4 million people are estimated to be living with Hepatitis C in the United States, while an estimated 850,000 people are living with Hepatitis B. It is believed that the actual number is much higher, in May, public health works to shed light on these hidden epidemics.

Hepatitis B and Hepatitis C Cases in Kentucky from 2018-2022



FOR ANY QUESTIONS, PLEASE CALL THE MARSHALL COUNTY HEALTH DEPARTMENT AT 270-527-1496.



MARSHALL COUNTY HEALTH DEPARTMENT

»»» MAY 2024
UPDATE

Nurses
make the
Difference

JOIN MCHD THIS WEEK AND THROUGHOUT MAY IN CELEBRATING NURSES! OUR NURSES GO ABOVE AND BEYOND FOR MARSHALL COUNTY. THERE MAY BE 5 MILLION NURSES IN THE U.S. BUT WE BELIEVE OURS ARE THE BEST!

»»» Mental Health Awareness Month

1 in 5 U.S. adults experience mental health each year
1 in 20 U.S. adults experience serious mental health illness
1 in 6 U.S. youth aged 6-17 experience a mental health disorder each year
50% of all lifetime mental illness begins by age 14, and 75% by age 24.

»»» National Stroke Awareness Month

Stroke is the number 2 cause of death worldwide and a leading cause of disability.

Learn the stroke warning signs:

F- Face

A- Arm Weakness

S- Speech

T- Time to call 911

»»» Food Allergy Awareness Week (May 12-18, 2024)

Over 33 million Americans have a food allergy, every 10 seconds food allergies sends someone to the Emergency Room.

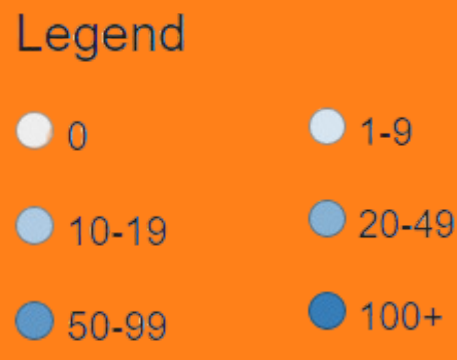
There is no cure for food allergies, the first line treatment is Epinephrine, also called an Epi Pen.

The FARE (food allergy research and education) organization is working on ways to improve food labels, quick access to Epinephrine, and increasing related research.

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MEASLES 2024 UPDATE



U.S. CASES IN 2024:

TOTAL CASES: 131	HOSPITALIZED: 70
AGE:	(53%)
UNDER 5: 57 (44%)	UNDER 5: 65%
5-19: 30 (23%)	5-19: 37%
20+: 44 (34%)	20+: 50%

Kentucky has 0 cases
(Data is as of May 3, 2024).

To Check Your Immunization Record
Through The KYIR
Public Facing Portal:

SCAN ME