



Please see the attached Monthly Marshall County Update. I normally send the update for the previous month at the beginning of the next month, but we are now being a little more proactive by sending current month information! So this update is for November. In the attached update, we focus on Diabetes National Awareness. You will also note the trend updates are now related to respiratory illnesses to include COVID 19, Influenza, and RSV.

Everyone have a great November!

Billy Pitts, MHA, MHR
Public Health Director
Marshall County Health Department
Office 270-252-2700
Mobile 270-970-1957

Marshall County Health Department

November 2023 Update

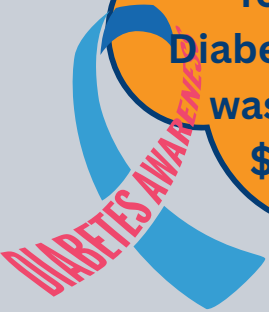
November is National Diabetes Month

37 million people in the United States are living with Diabetes. Diabetes can cause damage to a person's eyes, kidneys, nerves, and heart. This November, the National Institute of Diabetes and Digestive and Kidney Diseases is focusing on preventing Diabetes health problems!

DID YOU KNOW?

450,000 people in Kentucky have diagnosed Diabetes and over 1 million people in Kentucky have pre-Diabetes!

In 2017, direct medical expenses for diagnosed Diabetes in Kentucky was estimated at \$3.6 billion.



How to Prevent Diabetes Health Problems



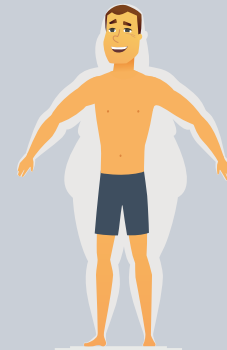
Manage your ABCs



Take Small Steps To Healthy Habits



Take Medications On Time



Reach or Maintain A Healthy Weight



Take Care Of Your Mental Health



Work With Your Health Care Team

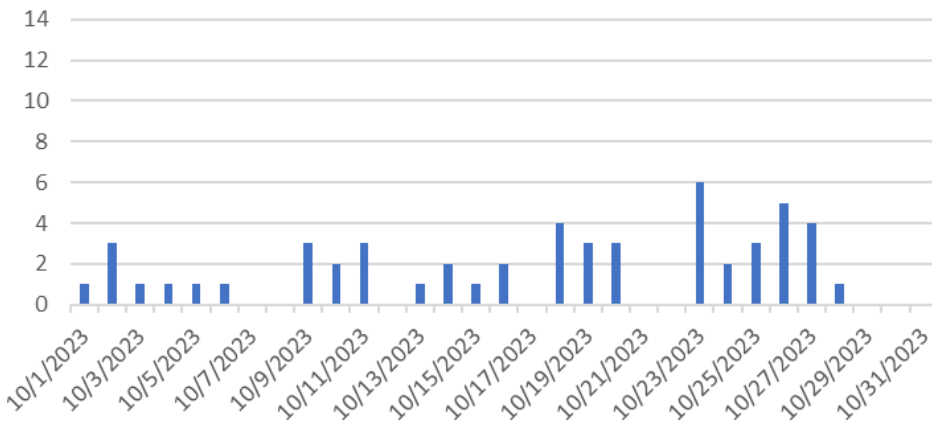
[Click here to learn how to Prevent Diabetes Health Conditions](#)

Marshall County Health Department

November 2023 Update

Respiratory Illness

Marshall County Covid Cases, October 2023
n=53



Statewide:

Covid-19 activity is **MODERATE**.

Influenza and RSV activity is **LOW** but **INCREASING**.

Hospitalizations for Covid-19, Influenza and RSV remain **LOW**.

(Data is as of October 26, 2023)

HAN Alerts

[HAN0049- Limited Availability of Nirsevimab in the United States - Interim CDC recommendations to protect infants from RSV during the 2023-2024 Respiratory Virus Season.](#)

Recalls

[The FDA is advising parents and caregivers not to buy or feed WanaBana apple cinnamon fruit puree pouches to children because the product may contain elevated levels of lead. Parents and caregivers of toddlers and young children who may have consumed WanaBana apple cinnamon fruit puree pouches should contact their child's healthcare provider about getting a blood test.](#)



For any questions, please call the Marshall County Health Department at 270-527-1496.